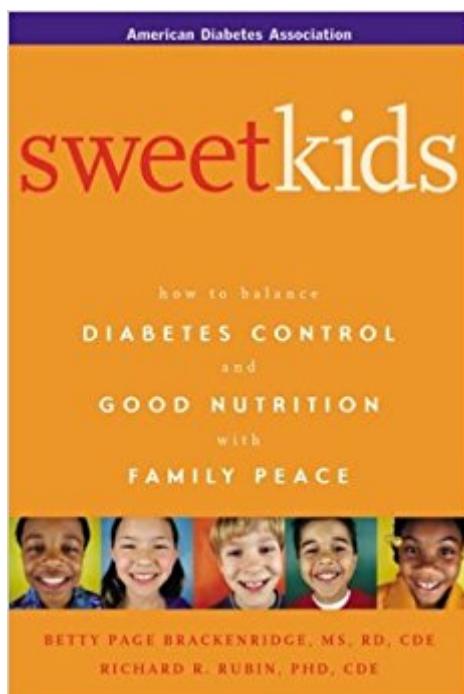


The book was found

# Sweet Kids : How To Balance Diabetes Control And Good Nutrition With Family Peace



## **Synopsis**

In Sweet Kids, you get all of the practical, reassuring advice you need to care for children with diabetes. This new edition includes information on the latest medications and recommendations from the recently completed Diabetes Prevention Program.

## **Book Information**

Paperback: 320 pages

Publisher: American Diabetes Association; 1 edition (May 21, 2002)

Language: English

ISBN-10: 1580401244

ISBN-13: 978-1580401241

Product Dimensions: 6 x 0.5 x 8.9 inches

Shipping Weight: 15.2 ounces

Average Customer Review: 4.2 out of 5 stars 8 customer reviews

Best Sellers Rank: #1,193,121 in Books (See Top 100 in Books) #96 in Books > Health, Fitness & Dieting > Diets & Weight Loss > American Diabetes Association #2333 in Books > Parenting & Relationships > Special Needs #6209 in Books > Health, Fitness & Dieting > Nutrition

## **Customer Reviews**

Betty Page Brackenridge, M.S., R.D., C.D.E., is a diabetes educator whose publications are read in translation in more than 15 countries worldwide. Richard Rubin, Ph.D., C.D.E., is on the faculty of the Johns Hopkins Medical School and on the staff of the Diabetes Center and Pediatric Diabetes Clinic of Johns Hopkins Hospital.

One of the biggest obstacles we faced when my daughter was diagnosed at 2 was not battles over shots or finger pokes; it was over food. We were used to having pleasant, sit-down dinners as a family, but at 2 years old, she had the power to send me into panic mode when she wouldn't eat the carbs I had already given her insulin for. No amount of punishment, crying (on my part), or anything else worked to get her to understand the importance of eating what I had set out for her. How could it? She was only 2. I found this book while browsing titles and it saved our family dinner! By giving her insulin after she had eaten, I got the control over our family dinner back and it became a pleasant experience again. Also, she started eating more when she wasn't being hassled about it, and she needed to put some weight back on. We still maintained excellent control (not perfect, but ours never has been). We've had diabetes for 5 years and I'm still thankful we had a way to deal

with a very trying issue at a very stressful time (diagnosis).

This has been helpful.

Our pediatric unit provides this book to parents of children newly diagnosed w/type 1 diabetes. The book is a thorough, detailed reference with a focus on nutrition, meal planning, snacks, glucose management---through the various agegroups of childhood.

Great text

This book contains the most common sense, practical information I have found yet for helping manage my toddlers diabetes. This is not a medical text, but an easy to read guide for managing insulin, meals and the behavioral problems related to diabetes. There are excellent suggestions on how to not let the behavioral problems develop. I highly recommend this "down to earth" book

This is an excellent book especially for newly diagnosed kids and their parents. It was easy to read and understand. I have implemented many ideas from this book and I highly recommend it.

A wonderful book that took me through the hurdles when my grandson was first diagnosed. I referred to it again when researching my own book about type 1. I recommend it highly.

The book deals with real problems faced by real people BEFORE the introduction of modern insulin pumps. The pump solves many if not most problems discussed in the book.

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